



TIM HENMAN FOUNDATION

Our mission

One Life, Many Opportunities

Supporting the transformation of the lives of vulnerable and disadvantaged young people.



Welcome

The Tim Henman Foundation is a youth charity with the mission of **transforming the lives** of vulnerable and disadvantaged young people by improving mental as well as physical health and creating sporting and educational opportunities **together with our partners.**

"I feel very fortunate to have been given opportunities in my life. That is not the case for everyone. Through our work at THF we would like to provide as many opportunities for as many disadvantaged young people as possible in education, health and sport. Coming out of Covid, physical and mental health are more important than ever."

TIM HENMAN OBE

Our values

The Tim Henman Foundation aims to **bridge the gaps** that exist between those who are disadvantaged and those who are advantaged.

We appreciate the value of **positive role models**. We work with coaches, teachers, mentors who can offer the positive guidance they may not get elsewhere.

We also understand the important work that **community-led organisations** do for vulnerable and disadvantaged young people. So we partner with these organisations to support them and create more opportunities for young people who need it most.

We understand how important **mental health** is to young people's wellbeing, as well as physical health, and so we put in place workshops and mentoring schemes to help educate and provide tools for young people.

We understand that not all young people born in deprived areas are disadvantaged. We **seek to find those who are in vulnerable circumstances** and provide the required support to help them thrive.

We care about young people who are profoundly disabled and life limited. We work collaboratively to **make a meaningful difference** to the care offering and their families. We also support vulnerable young people with **special needs and disabilities** and who may not get the required specialist support or additional opportunities that they deserve.



OUR PROGRAMMES

What we do

Partner Programmes

Activity-based sports programmes delivered directly with **community-led partners** creating regular opportunities to participate.

With an additional service provision of **mentorship workshops** where we educate on areas in and around mental health.

-  Creating sporting activity in disadvantaged areas.
-  Breaking down access and financial barriers to participation.
-  Increased mental health support and improved wellbeing.



Bespoke Programmes

Offering **specific and specialist support** for deserving and in need young people.

With an additional service provision of individual mentoring where we provide positive guidance to those we support.

- Enhanced future prospects for young people.
- Increased opportunities for aspiring youngsters.
- Reduced long-term instances of NEET (not in education, employment or training).



Special Needs Programmes

Providing **meaningful funding** to partners who are **dedicated to supporting** profoundly disabled and life limited youngsters.

- Healthier and happier young people.
- Enhanced provision at key stages.

Our partners

The Tim Henman Foundation forms collaborative relationships with partners to deliver high-impact programmes.

We have a set of criteria to ensure we only work with the most effective partners and inspirational coaches, teachers, mentors so we can support their work and reach the young people who need our support the most.

A FEW OF OUR CURRENT PARTNERS INCLUDE:



A MESSAGE FROM OUR CHAIR

I have been in education for almost 40 years as a teacher, school leader and most recently the National Schools Commissioner for England. Education matters and it matters especially for the most vulnerable in society. The work of the Tim Henman Foundation targets children who do not enjoy the benefits their more advantaged peers enjoy.

Building a strategy to make our contribution through sport, education and health programmes feels particularly vital as we come to terms with the impact of Covid on the education of young people.

I am therefore very proud to chair the foundation's board of trustees and to work with some exceptional people to make a difference to the lives of children who through no fault of their own are having to catch up in a way that is different to anything I have seen before.

SIR DAVID CARTER, CHAIR OF TRUSTEES, TIM HENMAN FOUNDATION





2020-2021

Our impact

3756

young people supported through
our funded programmes



62

schools (an average Free School Meals rate of 18%) we worked with to deliver our **Partner Programmes** reaching **3,610 children**. These programmes included tennis, table tennis and STEM workshops.

133

young people who have profound disabilities were supported through our **Special Needs Programmes** with hospices and SEND schools/units

13

vulnerable young people were given the opportunity to **reach their potential** with access to **better education** through one of our **Bespoke Programmes**

www.henmanfoundation.org



Visit our website for more information on our impact and to see some case studies

How you can help



Follow our campaigns!

In the summer of 2021 we ran our first digital campaign **#FindingYourSpark** and in the Christmas of 2021 we followed this up with **#FeedingYourSpark**

Our campaigns are designed to raise awareness of our work and the gaps in society, and we hope the public respond to our appeals.



@TimHenmanFDN



Get close to the action!

We run action packed fundraising events and tennis masterclasses for our loyal supporters. Please email us to get involved:
info@henmanfoundation.org



Make a donation

Make a difference to the lives of young people today.



giftaid it

Donate now!



Fundraise for us

Put yourself forward to help the young people we support! We welcome and support ideas to raise funds for our valuable work.

Whether it is a Golf Day, an extreme challenge or a coffee morning, any funds raised will make a huge difference.



Corporate and Charity Partnerships

We look to partner with corporate organisations as part of their CSR, and other charitable organisations.

These partnerships include joint fundraising efforts and collaborations to further our charitable objectives. For details, please contact: ceo@henmanfoundation.org



Legacy Giving

Help to secure the long-term future of the foundation and the young people we support by leaving a Gift in your will. Please contact us to work through the process with you.



Why not raise free donations for THF when you shop online with **EasyFundraising** or **Amazon Smile**. A donation is made to THF every time you make eligible purchases.



TIM HENMAN FOUNDATION

Thank you

One Life, Many Opportunities



Keep in touch by following
@TimHenmanFDN

info@henmanfoundation.org

www.henmanfoundation.org

To support the transformation of the lives of vulnerable and disadvantaged young people **we rely on public generosity** to deliver our programmes.

Since its relaunch in June 2015 **we have raised over £2.4m** and **supported 46,761** vulnerable and disadvantaged young people.

Thank you to all those who support the Tim Henman Foundation.

Donate now!



REGISTERED CHARITY NUMBER 1161964

